



2013 COLORADO SKIING NOTES

QUICKLY

The 60th **NCAA Ski Championships** are set for March 6-9 in Middlebury, Vt., site of the national meets four previous times, five counting the AIAW Championship in 1980; there have been four different winners: Denver (1961), Colorado (1973), Middlebury (1980, women), 1988 (Utah) and 2001 (DU) ... Middlebury College is the official host ... Unlike in past years, there were no *Ski Racing Magazine* rankings to be found anywhere on line; they had been reduced to the opinion of one (eastern) reporter for years and were to be taken lightly anyway; there has not been a coaches poll since 2005 ... The Buffaloes have won **18 national championships** in skiing: 11 men's (1959-60-72-73-74-75-76-77-78-79-82), six coed (1991-95-98-99-2006-11) and one women's (1982, AIAW) ... CU has finished first (2006-11) or second (2008-09-10) in five of the last seven NAAs (third in '07 and '12) ... The skiers are gunning for **CU's eighth national championship** since 2000, as CU has three in men's cross country team (2002, 2004, 2006) and two in women's cross country (2000, 2004) to go with the 2006 and 2010 ski crowns (all titles transferred to the Pac-12 count) ... CU has finished in the top three in 45 of its last 46 ski meets (a school-record 31 straight is within this run); the Buffs have finished first or second 27 of their last 32 times out (17 wins) ... Of CU's 18 ski titles, 10 have been won in the west and eight in the east ... Utah will host the **2014 NCAA Championships** next March 5-8, with the 2015 site yet to be selected.



A CLOSER LOOK AT THE NCAA'S

Vermont enters as the defending champion, but Denver is the only school to repeat, with a pair of "three-peats" (2000-02, 2008-10) since Colorado won back-to-back in 1998-99; a school from the east has won two years in a row just once in the previous 59 championships, and that was UVM in 1989-90. This winter, Colorado won all five western meets, matching Utah's feat in 2012 when it became the first school to do so since Denver in 2005; the Pioneers went on to win the NCAA crown but the Utes finished second. Vermont captured the EISA Championship/NCAA East Regional, pulling away from Dartmouth; host Middlebury and New Hampshire tied for third with Williams fifth. UVM won all six eastern "carnivals" this winter, with Dartmouth the bride's maid all six times. In 2006, CU became the first school to win the NCAA title without a full 12-skier team, participating minus one men's alpine skier, and in 2008, Denver won the title being down a women's Nordic skier. Last year at Bozeman, Dartmouth held the day one lead by 31 points over Vermont after the freestyle events, with UVM assuming the lead after the second day (giant slalom) and never looked back. The leader at the midway point has won six straight and 10 of 12, and schools leading after three days (six events) have won 16 of the last 18 times, including a run of 13 straight years where that school emerged the victor (1995-2007); the last three teams to lead from wire-to-wire were Denver (2002, 2010) and CU (2011). Western schools had posted at least three of the top four finishes every year from 1993 through 2011, until Dartmouth broke through and finished fourth last year when UVM won (the west has had three in 28 of the 30 previous coed meets), capturing all four spots in 2002, 2004, 2009 and 2010; prior to the west pulling this off in '02, the last time one region claimed a one-through-four sweep was 1966 (west). The west also had five of the top six in 2002 and 2009, and four of the top five numerous times. Dartmouth is the last team from the east to win in the east (the '07 title in its home state of New Hampshire).

TRADITIONAL FAVORITES

Colorado (20 top two finishes, with 15 wins), Utah (21; 10 titles) and Vermont (20; six titles) have dominated college skiing over the past 41 seasons (dating back to 1972). Only four other schools, Denver (seven wins, four seconds), Wyoming (one win and four seconds), New Mexico (one crown and two runner-ups) and Dartmouth (two titles) and have been able to crack the top two in this span. Since 1990, Denver has won seven titles, Colorado six, Utah and Vermont four; the only three other schools that have won a title since the sport went coed (in 1983) are Wyoming (1985), New Mexico (2004) and Dartmouth (2007). Middlebury (1980, women) is the last school to win other than the aforementioned seven. Dartmouth snapped a 12-year reign by western schools with its win in 2007 and UVM returned to the top in 2012, but the west still has 16 of the last 18 titles and 24 of 30 dating back to 1983.

PARTICIPANTS

A total of 21 schools will be participating at Middlebury (*—qualified full 12-skier roster): *Alaska-Anchorage, Alaska-Fairbanks, Bates, Bowdoin, Colby, Colby-Sawyer, *Colorado, Dartmouth, *Denver, Harvard, Maine-Presque Isle, Middlebury, *Montana State, New Hampshire, *New Mexico, Northern Michigan, St. Lawrence, St. Michael's, St. Scholastica, *Utah, *Vermont and Williams. Seven qualified the NCAA maximum of 12: Alaska-Anchorage, CU, Denver, Montana State, New Mexico, Utah and Vermont; Dartmouth and New Hampshire qualified 11, Middlebury 9 and Northern Michigan 6. The most schools that ever competed in the NCAA's were 24 in 2007, with 23 doing so in 1996, 2002 and 2004.

SCORING FORMAT

There's little to be said for tradition when it comes to scoring an NCAA ski meet, but at least the committee went over a decade before tinkering with it again in 2009. For the fifth straight year, the scoring base will be 50 points (up from 39 which had been the norm from 1997-2008), one that is weighted toward the top eight finishers; points are awarded on a 50-47-44-41-39-37-35-33-31-30-29-28-27-26-25-24-23-22-21-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 basis for 39 finishing positions.

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THE SCHEDULE

(ALL TIMES MOUNTAIN)

The **giant slalom** races will open the NCAA Championships on Wednesday, March 6, with the women's first up at 7:30 a.m. MST; the second run will follow and then the men's race will commence at 11:00 a.m., with the second run to follow. The **classical** races open the Nordic events on Thursday, March 7, with the women's 5-kilometer race at 8:00 a.m. MST, and the men's 10k version at 10:00 a.m. The slalom races are set for Friday, March 8, with the women's first run at 7:30 a.m., followed by the men's first run at 8:15 a.m.; the second runs will follow at 10:15 a.m. and 11:15 a.m., respectively. The **freestyle** races will finish off the NCAA meet on Saturday, March 9: the women's 15-kilometer mass start is set for 8:00 a.m., with the men's 20k race following at 10:00 a.m. Flower ceremonies follow each event, and the awards presentation is set for about 1:30 p.m. on Saturday. *(All times listed are mountain.)*

ALL-ACADEMIC TEAM

Colorado placed 14 team members on the NCAA Skiing All-Academic Team (its version of Academic All-America), as the qualifications included owning a 3.50 or better grade point average for the fall semester and participation in the NCAA regionals (unless injured). **Arnaud Du Pasquier, Thea Grosvold, Eliska Hajkova, Andreas Haug, Andreas Hoyer, Max Lamb, *Ian Mallams, Rune Oedegaard, Joanne Reid, Cameron Smith, *Michael Vigers, Brooke Wales, *Clair Wise and Adam Zika** all made the prestigious team; Mallams has made the squad four times, with Haug doing so thrice and Hajkova, Hoyer and Oedegaard twice. Mallams, Vigers and Wise all posted perfect 4.0 grade point averages for the fall 2012 semester. As for their majors, none of the 14 can set it on cruise control: three are in various business sequences with two each in economics, engineering, integrative physiology and one in mathematics, physics and environmental sciences.

RESULTS ANALYSIS

CU skiers won 13 races for the second straight winter (the most since 14 in 2009), but this it was the top number in the west as there was a little more balance at the top. The Buffaloes have won 106 races (out of 349) over the last eight seasons, the best in the west in that time frame. When including the NCAA's, the 2006 and 2008 teams have set the single season school mark with 21 wins since the sport went coed in 1983. CU had 20 skiers reach podiums in 1998, 19 in 1991, 17 in 2007, 16 in 2009 and 15 in 1999.

The Buffaloes also had 15 runner-up finishes, the most since 2009, and thus have 28 first- or second-place efforts to date; with 12 third place finishes, Colorado enters the national meet with 40 total podiums in 2013 (up from eight entering the '12 meet). Colorado led the west in top five finishes with 57 (Utah was next with 51), and its' 96 top 10 efforts led the west for the fifth time in six years; the Buffs' 511 over the last five seasons is also well in the lead). The Buffs also had 10 skiers finish in 11th, right on the fringe of cracking the top 10.

The Nordic teams won as an overall unit four times, the women's team all five meets; the women's alpine team win the CU Invitational, otherwise a lot of second place efforts as the women's Nordic team was the most dominant discipline in the west.

CU's has now led the RMISA in team points five of the last six years. The Nordic teams scored at least 430 in all five meets, and have scored 400-plus in 21 of 23 meets since the NCAA started utilizing the 50-point scoring base that the east had used for some time and that the NCAA Championships adopted in 2009. The Buffs have topped the 900 mark four times and has scored 800-plus in 19 of 23 meets since the format change, best by any western school. UNM set records at its own meet in 2010 for the most points (961) and the largest margin of victory (160 points, as CU was second with 801), neither of which has been broached since.

A breakdown of the CU top finishes in 2013:

Wins (13): Joanne Reid 8, Rune Oedegaard 3, Eliska Hajkova 1, Maria Nordstroem 1.

Runner-Up Finishes (15): Rune Oedegaard 4, Eliska Hajkova 3, Brooke Wales 3, Joanne Reid 2, Jessica Honkonen 1, Fletcher McDonald 1, Gustav Nordstrom 1.

Top 5 Finishes (57): Joanne Reid 10, Rune Oedegaard 9, Eliska Hajkova 7, Jessica Honkonen 5, Maria Nordstroem 5, Shane McLean 4, Brooke Wales 4, Henrik Gunnarson 3, Max Lamb 3, Fletcher McDonald 2, Gustav Nordstrom 2, Andreas Haug 1, Kasper Hietanen 1, Mary Rose 1.

Top 10 Finishes (96): Joanne Reid 10, Eliska Hajkova 9, Jessica Honkonen 9, Rune Oedegaard 9, Maria Nordstroem 7, Thea Grosvold 6, Brooke Wales 6, Henrik Gunnarsson 5, Mary Rose 5, Andreas Haug 4, Max Lamb 4, Fletcher McDonald 4, Shane McLean 4, Cameron Smith 4, Kasper Hietanen 3, Gustav Nordstrom 3, Arnaud Du Pasquier 2, Andreas Hoyer 2.

Alpine (23 top 5, 49 top 10): men 10/23, women 13/26. **Nordic (34 top 5, 47 top 10):** men 11/16, women 23/31.

Team (57 top 5, 96 top 10): men 21/49, women 36/47.

Individual Wins (44): Colorado 13, Denver 12, Utah 8, New Mexico 5, Westminster 4, Alaska 1, Montana State 1.

Top 5 Finishes (220): Colorado 57, Utah 51, Denver 45, New Mexico 31, Alaska Anchorage 16, Montana State 10, Westminster 10.

In the EAST, Vermont has re-emerged as the top power over the last three seasons, winning all six carnivals in 2013 and 15 of the last 18, including the last three EISA Championships/NCAA East Regional; Dartmouth had won all six in both 2009 and 2010. (Vermont also broke through and last year won its first NCAA title since 1994.) UVM won all six races, scoring 5,692½ points, with Dartmouth finishing second each time out (5,131½); whereas UVM's average margin of victory a year ago was 146 points (four meets), it was reduced in 2013 to 112, though the bulk of that came in a 225-point win the St. Lawrence Carnival; UVM won its own meet by just eight points and the East Regional (at Bates) by 31. New Hampshire finished third on four occasions, with Middlebury grabbing the bronze spot twice; UNH was fourth the other two times and MC third twice, meaning the same four schools occupied the top four spots all six carnivals. At the EISA Championships, UVM had three individual champions (including Nordic performer Scott Patterson, who won both races), with Dartmouth and Middlebury skiers claiming two and Harvard one.

BUFFALO CHIP: The first night races in NCAA history (slalom) took place at the 2006 NCAA Championships that CU hosted in Steamboat Springs. The only other night races occurred in 2010 when the meet returned to Steamboat (also the slalom; both were run on the famed Howelsen Hill.)

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ROCKY MOUNTAIN INTERCOLLEGIATE SKI ASSOCIATION (RMISA) / COLORADO'S WINTER-IN-REVIEW

Colorado had 10 overall All-RMISA team members (seven first-team, three second-team), and had two conference MVP skiers in senior **Joanne Reid** (Nordic) and freshman **Thea Grosvold** (alpine). CU won the regular season point title, ending a two-year run by Utah, and the Buffs swept all five western meets, matching Utah's feat in 2012 when it became the first to sweep the west since Denver in 2005. CU, Denver and Utah combined to have 27 of the 41 all-conference performers and the Buffs had the most first-team honorees with seven. There were two separate RMISA Alpine Qualifiers that were not scored as team events. A meet-by-meet review from the CU angle in the west:

COLORADO INVITATIONAL / SPENCER NELSON MEMORIAL (Eldora & Steamboat Springs, Colo.; January 8-13)

1. Colorado 878; 2. Denver 808½; 3. New Mexico 741½; 4. Utah 723; 5. Alaska 717; 6. Montana State 637; 7. Westminster 259; 8. Wyoming 101; 9. CMC 20.

An RMISA Alpine Qualifier actually was the first race of the year, followed by the CU Invitational. The CU men's alpine team struggled in the GS races, leaving the Buffs in third place at the end of the first day, but solid slalom performances by both teams as well as a solid women's GS race, and the Buffaloes were in second place after the alpine portion of the meet. The CU Nordic squads then handled their business, outscoring other teams as the Buffs won the meet by 69½ points. CU swept the freestyle races with **Rune Oedegaard** and **Joanne Reid** earning the top podium spot, while freshman **Maria Nordstrom** did the same in the women's classical race.

DENVER INVITATIONAL (Winter Park & Minturn, Colo.; January 12-20)

1. Colorado 852; 2. Denver 833; 3. Utah 796; 4. New Mexico 754; 5. Alaska 704; 6. Montana State 652; 7. Westminster 337; 8. Wyoming 223; 9. CMC 92.

The second RMISA Alpine Qualifier preceded the DU meet, and the host Pioneers put a huge lead on the competition after the GS races, holding a 65 point advantage over the Buffs and the rest of the field. They then extended their meet lead to 99 points before the Buffaloes started a huge comeback by finishing 3-4-5-6 in the men's slalom race, but still leaving a 71-point deficit to the Pioneers. CU erased 51 of those points the first day of Nordic action, mostly on the strength of a 1-3-5 finish in the women's 5K freestyle race, earning back 46 points to Denver. **Joanne Reid** won both races in the meet while **Rune Oedegaard** won the 15K classical race and finished second in the freestyle.

UTAH INVITATIONAL (Park City & Soldier Hollow, Utah; February 6-9)

1. Colorado 904; 2. Utah 845; 3. Denver 777; 4. New Mexico 695; 5. Montana State 690; 6. Alaska 616; 7. Westminster 190; 8. Colorado Mountain 40.

The alpine teams got the action underway in the Utah Invitational with races held in Loveland. Colorado put together an all-around solid performance, racking up over 900 points and hitting the century mark in each of the eight races, a first under the current scoring system. The Buffs took two podiums home in the women's GS race and had one top five finisher in each of the four alpine races. Trailing Denver by 36 entering the Nordic events, CU again took care of business with another meet sweep by **Joanne Reid** and second place finishes by **Eliska Hajkova** (FS) and **Gustav Nordstrom** (CL).

NEW MEXICO INVITATIONAL (Red River, N.M.; February 1-10)

1. Colorado 864; 2. Utah 851; 3. Denver 808; 4. New Mexico 794; 5. Montana State 670; 6. Alaska 605; 7. Westminster 275; 8. Wyoming 204; 9. CMC 98.

The teams then swapped meets and the Nordic teams got the New Mexico Invitational underway. Always treacherous with only slalom races on the alpine side and interval start, high elevation races on the Nordic side, the Buffs took care of business in what was the closest meet of the season. Utah had the most points at the conclusion of the Nordic races, but not before another meet sweep by **Joanne Reid**, earning her sixth straight and seventh overall race win of the season. The Utes men's Nordic team put up two race wins and five top 4 performances in the two races as Utah held a 27 point advantage. It was the CU alpine team's turn to come back, and that they did turning in three podiums and 11 total top 10 finishes in the four slalom races, including a second and third place for **Jessica Honkonen**.

RMISA CHAMPIONSHIPS (Bozeman, Mont.; February 22-24)

1. Colorado 905½; 2. Denver 859; 3. Utah 805; 4. New Mexico 755; 5. Montana State 739; 6. Alaska 620.

Colorado led from wire-to-wire, claiming three individual Nordic regional champions, **Eliska Hajkova** (freestyle), **Rune Oedegaard** (classic) and **Joanne Reid** (classic). With all six western teams guaranteed full 12-skier rosters, the RMISA's (which also doubled as the NCAA West Regional) returned to more of a contested meet than in recent years, where starting orders were massively tinkered with to improve individual seedings (there was some of that this year, but not nearly as much). CU led by 40 points after the first day (the Nordic classical races), extended it to 86 points through six events and then skied conservatively in the slalom to win the title.

RMISA SEASON SUMMARY

MEET SUMMARY	Winner	Points	Margin	Alpine Skiers of the Week	Nordic Skiers of the Week
Colorado Invitational	Colorado	878	+ 69½	Max Marno, Denver Jessica Honkonen, Colorado	Miles Havlick, Utah Joanne Reid, Colorado
Denver Invitational	Colorado	852	+ 19	Espen Lysdahl, Colorado Devin Delaney, Denver	Rune Oedegaard, Colorado Eliska Hajkova, Colorado
RMISA Alpine Qualifiers Nos. 1 & 2	(no team scoring)			Andy Trow, Utah; Kristine Haugen, Denver	
Utah Invitational	Colorado	904	+ 59	Ryan Wilson, Utah Brooke Wales, Colorado	Mats Resaland, New Mexico Marine Dusser, Alaska-Anchorage
New Mexico Invitational	Colorado	864	+ 13	Joonas Rasanen, New Mexico Anna Kobal, Utah	Einar Ulsund, Utah Makayla Cappel, Denver
RMISA Championships (NCAA West Regional)	Colorado	905½	+ 46½	Chris Acosta, New Mexico Mateja Robnik, New Mexico	Noe Bellet, Utah Maria Nordstrom, Colorado

RMISA SEASON POINT STANDINGS (5 meets): Colorado 4,403½; Denver 4,085½; Utah 4,019; New Mexico 3,739½; Montana State 3,388; Alaska 3,262;

Westminster 1,061, Wyoming 528, Colorado Mountain College 250. **Regular Season Champion:** Colorado (3,498 in four meets)

DISCIPLINE CHAMPIONS—Alpine: Denver (Overall, Men's), Colorado (Women's). **Nordic:** Colorado (Overall, Women's), Utah (Men's). **Men:** Utah/Colorado (tie).

Women: Colorado.

RMISA INDIVIDUAL WINNERS BY SCHOOL (44): Colorado 13, Denver 12, Utah 8, New Mexico 5, Westminster 4, Alaska 1, Montana State 1.

ALL-RMISA TEAMS

ALPINE

1st-Team Men	2nd-Team Men	1st-Team Women	2nd-Team Women	NORDIC	1st-Team Men	2nd-Team Men	1st-Team Women	2nd-Team Women
*Espen Lysdahl, DU	Fletcher McDonald, CU	*Kristine Haugen, DU	Kristiina Rove, UU	Rune Oedegaard, CU	Andrew Dougherty, DU	* Joanne Reid, CU	Silje Benum, DU	
Chris Acosta, UNM	Trevor Philp, DU	Ana Kobal, UU	Devin Delaney, DU	Einar Ulsund, UU	Niklas Persson, UU	Maria Nordstrom, CU	Makayla Cappel, DU	
Joonas Rasanen, UNM	Max Marno, DU	Brooke Wales, CU	Mateja Robnik, UNM	*Miles Havlick, UU	Noe Bellet, UU	Eliska Hajkova, CU	Jessica Yeaton, MSU	
Jeremy Elliot, UU	Mike Bansmer, UNM	Shane McLean, CU	Jamie DuPratt, UU	Lukas Ebner, UAA	(tie) Tyler Reinking, MSU	Marine Dusser, UAA	Mary Rose, CU	
Mike Radford, MSU	Henrik Gunnarsson, CU	Jessica Honkonen, CU	Kayla Fry, UAA	Mats Resaland, UNM	(tie) Viktor Brannmark, UAA	Rose Kemp, UU	Anni Nord, UNM	

(*—skiers of the year/number one seeds for respective disciplines)

BUFFALO CHIP: CU won the 2006 NCAA Championship after finishing sixth in 2005, the largest jump from a previous season result to the title in NCAA skiing history.

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NCAA ROSTER

Listed below are the skiers that head coach **Richard Rokos** and Nordic coach **Bruce Cranmer** will have in Middlebury to participate in the 2013 NCAA Championships. The full complement of skiers allowed by the NCAA is 12, three for each squad; CU qualified a full team for the fourth straight season but just the fifth time since 2003 (also doing so in 2007). It is the 25th time in 31 seasons since the men's and women's programs merged in 1983 that CU will ski with a full squad (CU had 11 in 2001, 2004, 2006, 2008 and 2009, along with 10 in 2005).

The roster breaks down by eligibility into two seniors, two juniors, one sophomore and seven freshmen. Two are Americans and each of the non-freshman, five of the 12 skiers, have skied previously at nationals, led by women's Nordic seniors **Eliska Hajkova** and **Joanne Reid**, who will be skiing in their fourth NCAA Championships. **Andreas Haug** (alpine) is competing in the NCAA's for the third time in his career.

Reid (women's Nordic) earned the No. 1 seed out of the west, while Hajkova (women's Nordic) and **Rune Oedegaard** (men's Nordic) earned the west's No. 2 seed. As for the team as a whole, six skiers earned top 5 seeds and 11 of 12 earned top 16 seeds. Here are the 12 who will ski in Middlebury (NC—denotes times appearing in the NCAA Championships including 2013; #L—denotes number of letters earned including 2013):

Men's Alpine Head Coach/Alpine Coordinator: Richard Rokos; Assistant: Taggart Spenst

Skier (West Seed; GS/SL)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Gunnarsson, Henrik (10; 13,6)	1	5-11	175	Fr.	1L	Gavle, Sweden (Malung-Salens Gymsasieskola/Gavle Alpina)
Haug, Andreas (15; 15, 9)	3	6- 0	195	Jr.	3L	Blommenholm, Norway (Donski Gymnasium/Edge Alpine)
Hietanen, Kasper (21; 18, 14)	1	6- 0	185	Fr.	1L	Helsinki, Finland (Kuusamon Lukio/Finish Junior Ski Team)

Women's Alpine

Skier (West Seed; GS/SL)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Grosvold, Thea (16; 17,11)	1	5- 7	135	Fr.	1L	Oslo, Norway (Doenski Videregaende Skole)
Honkonen, Jessica (4; 12,3)	1	5- 7	130	Fr.	1L	Espoo, Finland (Makelanrinteen Lukio/Finish Ski Team)
Wales, Brooke (3; 2,12)	1	5- 8	140	Fr.	1L	Sammamish, Wash. (Eastside Catholic/U.S. Ski Team)

Men's Nordic

Head Nordic Coach: Bruce Cranmer; Assistant: Jana Weinberger

Skier (West Seed; CL/FS)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Hoye, Andreas (15; 14,15)	2	6- 3	170	Jr.	3L	Oslo, Norway (Ullern/Heming Ski Club)
Nordstrom, Gustav (14; 5, 24)	1	6- 2	195	Fr.	1L	Gavle, Sweden (St. Mikaelsskolan/Gavle)
Oedegaard, Rune (2; 2,2)	2	6- 0	180	So.	2L	Molde, Norway (NTG Lillehammer/Molde Ski Club)

Women's Nordic

Skier (West Seed; CL/FS)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Hajkova, Eliska (2; 2,2)	4	5- 5	130	Sr.	4L	Jablonec, Czech Republic (Gymnasium Vseobecne/Masaryko)
Nordstroem, Maria (4; 3,4)	1	5- 8	150	Fr.	1L	Gavle, Sweden (St. Mikaelsskolan/Gavle)
Reid, Joanne (1; 1,1)	4	5- 5	115	Sr.	4L	Palo Alto, Calif. (Henry M. Gunn/California/Auburn Ski Club)

*— Lamb competed at the NCAA Championships for Utah in his freshman season.

Colorado also has some other skiers in **ALTERNATE** positions should injury occur in training to force activation; the top alternates:

Skier (Discipline, Alternate Seed)	NC	Ht.	Wt.	Class	Exp	Hometown (High School/Previous College or Club)
Du Pasquier, Arnaud (M/Nordic, A-2)	0	6- 0	165	So.	2L	Pontresina, Switzerland (Lyceum Alpinum Zuoz/Bernina)
Mallams, Ian (M/Nordic, A-4)	0	6- 2	175	Sr.	4L	Whitefish, Mont. (Whitefish)
Lamb, Max (M/Alpine, A-2)	2	6- 0	205	Sr.	3L	Crested Butte, Colo. (Crested Butte Academy/Utah)
McDonald, Fletcher (M/Alpine, A-1)	0	6- 4	215	Jr.	3L	Copper Mountain, Colo. (Summit)
McLean, Shane (W/Alpine, A-1)	0	5- 8	125	So.	2L	Steamboat Springs, Colo. (Lowell Whiteman School/SSWSC)
Rose, Mary (W/Nordic, A-1)	1	5-10	135	Sr.	4L	Steamboat Springs, Colo. (Steamboat Springs/SSWSC)
Smith, Cameron (M/Alpine, A-6)	0	5-11	180	Fr.	1L	Boulder, Colo. (Burke Mountain Academy [Vt.]/Eldora)
Vigers, Michael (M/Nordic, A-3)	0	6- 0	155	Fr.	1L	Boulder, Colo. (Boulder/Ski Club Vail)

HISTORICALLY

The NCAA first sponsored a men's national championship in skiing in 1954, though national title meets (National Intercollegiate Championships) were held as early as 1946, the same year CU's program began. Women's programs came into being in the late 1970s, with then-CU head coach **Bill Marolt** at the forefront of making it a reality. CU has competed in all but three of the previous 58 NCAA's, but on one of those occasions (1964), several team members had competed in the Winter Olympics, and in 1967, sent only a few skiers as individuals to Maine for financial reasons. The AIAW sponsored women's titles between 1977 and 1982; in 1983, the NCAA absorbed the AIAW but combined male and female competition, as was the case in rifle and fencing. Here's a complete look at the NCAA Championship history of the Buffaloes (*please turn to page 8*):

BUFFALO CHIP: CU junior Nordic skier **Joanne Reid** comes from famous bloodlines: her mother is **Beth Heiden**, the 1979 world all-around speed skating champion, and her uncle is **Eric Heiden**, who won five gold medals in the 1980 Olympics at Lake Placid; he's the only athlete in Olympic speed skating to have won all five events in a single Olympics.

HEAD COACH RICHARD ROKOS

Richard Rokos is completing his 23rd year as the head ski coach at the University of Colorado, and the combination has been synonymous with success from the very start. When he was promoted to head coach on July 3, 1990, the process to return a program that was eight years removed from an NCAA title back to national prominence took its first step. Twenty-three seasons, six national team titles, 32 individual champions and 175 All-Americans later, the Buffs are once again a dominant if not the most dominant program in collegiate skiing.

Rokos, 62, is the 11th head coach (and longest tenured) in CU ski history, and has guided Colorado to six national championships, winning NCAA crowns in 1991, 1995, 1998, 1999, 2006 and 2010. In addition, his Buffaloes have won individual titles (32 total) in 14 different years. That first team title came in his first season as head coach, a unique accomplishment in any sport, and served as a bookend for the school as it came on the heels of CU's first in football.

Only five coaches in CU history have coached their teams longer than Rokos has been at the reins of the ski team, and he is just the ninth to coach a program for over two decades. With all of his teams qualifying for the NCAA Championships, his 23 trips to nationals are the second most by any coach in school history (to current cross country coach Mark Wetmore).

He has coached the Buffaloes to 12 Rocky Mountain Intercollegiate Ski Association (RMISA) titles, events that also serve as the NCAA West Regional, as well as seven runner-up finishes.

His skiers, alpine and Nordic, have posted 258 top 10 finishes at the NCAA Championships; that total includes 111 first team All-Americans, with 34 earning two-time single-year All-American mention, and 68 second-team All-Americans.

Under Rokos, the Buffaloes have won 60 of 140 meets they have skied in, including the six NCAA crowns and the 11 RMISA Championships/NCAA West Regionals (1991, 1993, 1994, 1995, 1998, 1999, 2002, 2006, 2008, 2010, 2011 and 2012). On 45 other occasions, CU has finished as the runner-up.

Though he has been notified on seven different occasions that he was the selection for the RMISA coach of the year, the most recent for 2011, Rokos has declined the honor for personal reasons, mainly that he doesn't believe in the philosophy and that the student-athletes deserve the credit.

One of Rokos' greatest accomplishments since taking over the program has been turning what was once essentially an individual sport, pulling divergent skiers—men and women, Nordic and Alpine, into a team event at CU. Prior to his arrival, the two units rarely saw each other prior to the national championships, as they trained and raced separately. But it was his philosophy, to be an educator as well as a coach, to understand the physical and psychological significance of a student-athlete and to introduce harmony and mutual support that has made it a more unified program. Credit Rokos himself for the strong camaraderie because there is very little that he asks of his skiers that he doesn't do himself. That includes 6 a.m. ice hockey games, off-season dryland training, mountain bike rides from Boulder to Winter Park and back, hiking Pikes Peak, playing soccer and rollerblading through Boulder.



Rokos, who also coordinates all alpine aspects of the program, was already very familiar with the CU ski program upon his hiring, as he was promoted from alpine coordinator to the post. He served one season (1989-90) in that role under his predecessor as head coach, Tim LaVallee, and was the head coach of Colorado's Alpine "B" Team for the two years prior to joining the varsity staff (1987-89). With Rokos tutoring the alpine skiers, the 1990 team finished third in both the West Regional and the NCAA championships, with one individual national champion in the latter.

Rokos brought to CU a great amount of racing and coaching experience. He competed in his native home of Czechoslovakia and internationally for 19 years before beginning his coaching career with the Czechoslovakian Junior National Team in 1977. The year prior to joining the junior national team, Rokos graduated from the University of Masaryk with a masters' degree in physical education, his emphasis in his diploma work was the use of ski slopes with artificial surfaces for slalom and giant slalom practice. In 1969 he earned his bachelor's degree in mechanical engineering from the College of Machiner. He has additional course work in Prague (Level II International Coaching License), Colorado State (athletic training) and the University of Colorado (special education).

Leaving the Czech national team in 1980, Rokos went on to coach at several ski schools in Austria before finally coming to the United States to coach at the Grampian Mountain Ski School in Michigan the following year. He then spent four years (1984-87) working with the U.S. Pro Ski Tour before settling down in Boulder.

Rokos was the head alpine coach of the 2011 United States team that participated in the World University Games teams in Erzurum, Turkey. It was the seventh time he coached the team, having previously done so in 1995 (Jaca, Spain), 1997 (Mugu, Korea), 1999 (Zakopane, Poland), 2003 and 2007 (Tarvisio, Italy) and 2005 (Innsbruck, Austria). Combined, his athletes have brought home four gold medals, one by CU skier Katie Hartman in the Super-G in 2011, along with four silver and several bronze including one by a former Buffalo, Erika Hogan, in 2003. He was also the head coach of the entire U.S. Team in the 1997 event in Korea.

In 2006, he earned a Top of the Rocky Award as the region's top college coach as selected by the writers and critics of the *Rocky Mountain News*. The honor made mention of CU being the first-ever shorthanded team to win an NCAA title, recording the biggest second-day comeback in the meet, and Rokos specifically being mentioned by President George W. Bush when the Buffs were one of 12 teams invited to the White House. Rokos was saluted by the president, who called him a "proud American" in reference to his defecting to the States for freedom, which he also privately had mentioned upon meeting him, "There's nothing like freedom."

He was also selected as the 2006 Coach of the Year in the state of Colorado by the Sportswomen of Colorado Hall of Fame.



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Rokos was born May 25, 1950 in Brno, Czechoslovakia. He and his wife, the former Helena Konecny, and then-18-month-old daughter Linda, left a communist-bound native homeland in 1980 for Austria where they spent a year preparing their visas, and defected from Czechoslovakia to the United States (Detroit) a year later before calling Colorado their permanent home beginning in 1982. He and Helena are the parents of two grown children Linda, now an alpine instructor at Eldora and Thomas, and one grandchild, Stella (13), who is also an avid skier.

ROKOS YEAR-BY-YEAR AT COLORADO

Season	TEAM FINISHES-----					Region	NCAA	NCAA Champions	All-Americans-----				
	1st	2nd	3rd	4th	5th				Total	A	(B)	C	D
1991	6	1	-	-	-	1st	1st	2	14	9	(3)	5	2
1992	1	2	2	1	1	4th	5th	2	5	2	(2)	3	2
1993	4	1	-	1	-	1st	4th	2	10	5	(1)	5	-
1994	1	4	-	2	-	1st	4th	-	7	4		3	1
1995	6	-	-	-	-	1st	1st	2	12	4	(1)	8	5
1996	3	1	1	1	-	2nd	4th	-	8	4	(1)	4	1
1997	1	3	2	-	-	2nd	3rd	-	7	5	(2)	2	3
1998	3	3	-	-	-	2nd	1st	3	9	5	(2)	4	2
1999	4	1	-	1	-	1st	1st	3	9	7	(3)	2	3
2000	4	2	-	-	-	1st	2nd	3	9	6	(1)	3	4
2001	1	3	2	-	-	2nd	3rd	-	7	7	(1)	-	3
2002	1	3	1	1	-	1st	2nd	1	6	4		2	5
2003	1	2	1	2	-	2nd	3rd	-	6	2		4	1
2004	-	2	1	2	1	5th	4th	-	8	5	(2)	3	-
2005	-	2	2	1	-	3rd	6th	-	5	3	(1)	2	-
2006	4	2	-	-	-	1st	1st	4	8	7	(3)	1	4
2007	2	3	1	-	-	2nd	3rd	-	6	4	(1)	2	3
2008	2	2	2	-	-	1st	2nd	4	7	5	(2)	2	2
2009	3	2	1	-	-	2nd	2nd	2	7	5		2	3
2010	3	2	1	-	-	1st	2nd	1	8	7	(1)	1	3
2011	5	-	-	1	-	1st	1st	2	10	7	(3)	3	2
2012	-	4	2	-	-	2nd	3rd	1	7	3	(1)	4	3
2013	5	-	-	-	-	1st							
Totals	59	45	19	13	2	12 titles	6 titles	32	175	110	(31)	65	52

(KEY: A—first-team; (B)—two-time first-team; C—second-team; D—multiple second-team honors in addition to a first-team performance or another second-team finish.)

ROKOS ERA AT COLORADO (1991-2012)

NCAA CHAMPIONSHIPS: Denver 7, **Colorado 6**, Utah 4, Vermont 3, Dartmouth 1, New Mexico 1.

INDIVIDUAL NCAA CHAMPIONS (Leaders): Denver 33, **Colorado 32**, Utah 31, Vermont 26.

QUOTING RICHARD ROKOS

Here are some select quotes from Colorado head coach **Richard Rokos** heading into the NCAA Championships:

On The State of the Buffaloes

"It was a very unusual season for the alpine team. Our top two skiers barely competed; last year's NCAA GS champion Adam Zika redshirted after suffering a knee injury and undergoes to second surgery next week. Shane McLean is fourth in the RMISA qualification point standings, and she missed the last month and will have to stay home suffering from effects of a concussion sustained in training. And Fletcher McDonald and Max Lamb, second and third (respectively) on the RMISA slalom list are staying home due to a lack of GS results. This looks like absolute rollercoaster. We are leaving home the best qualifiers and most experienced collegiate skiers, yet we were able to win all meets and the regional championship due to consistency in all events and a top result by Nordic skiers. Rune Oedegaard and Nordic ladies were phenomenal taking a podiums in every race while the rest of the team, both alpine and Nordic almost always at least three in the top 10, and that is where the core points come from."

On Taking A School Record Seven Freshmen To The NCAA's

"Taking seven freshmen is a sum of everything of what has happened to us this season. We are taking a podium and experience in Joanne (Reid), Eliska (Hajkova) and Rune (Oedegaard), and the only other returning skiers will be Andreas Haug and Andreas Hoye. They both are very experienced racers and were steadily improving throughout the season. All the rest are new to the collegiate circuit but not without chances to finish in the top three places. Maria Nordstrom, Brooke Wales, Jessica Honkonen and Gustav Nordstrom already have documented their ability to do it, and Henrik Gunnarsson and Kasper Hietanen are perfectly capable of doing it."

On The Competition

"The RMISA season gave us enough information on the strength and weaknesses of our western opponents. There just is no way and never really has been to compare the eastern and western schools until the NCAA's. And DU has not put all its cards on the table yet ... they are bringing to some skier fresh from the World Cup so we can definitely expect more pressure there. What will happen at the NCAA Championship is always the result of many things, which includes a great portion of luck. In the four days at NCAA's anything can happen."

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QUOTING RICHARD ROKOS (CONTINUED)

On CU's Goal At NCAA's

"The goals are the same, and have not changed the past 20 years in ever. It would be impossible to justify all effort, sacrifices and injuries unless the ultimate goal is on your mind all the time. And that goal is to win NCAA title, without question."

On The Differences Between Western and Eastern Snow

"There is no difference ... it is white in both places. We have had opportunity to train and race on water injected snow here in Colorado, so going to typical icy eastern conditions should not be a shock for us. Besides, our freshmen skied in their home countries until recently and conditions there are more eastern-like than western. Most of them are still adapting to western conditions where the sun and a blue sky are trademarks. We will take rain coats as usual and I am sure those will come in handy ... as usual!"

BREAKING DOWN THE BUFFALOES IN THE NCAA (1983-PRESENT)

COLORADO AT THE NCAA CHAMPIONSHIPS / BREAKDOWN BY DISCIPLINE, GENDER

Year	Overall	Men-----								Women-----						ALPINE		NORDIC	
		Men (Pts)	Women (P)	ALP	GS	SL	NOR	CL	R/FS	ALP	GS	SL	NOR	CL	R/FS	Pts	Rank	Pts	Rank
1983	4th	4th (274)	5th (265)	5th	3rd	9th	4th	3rd	4th	5th	6th	4th	4th	4th	4th	231	5th	308	4th
1984	4th	3rd (313)	6th (243)	5th	6th	5th	2nd	2nd	2nd	3rd	3rd	t-4th	8th	6th	8th	282½	4th	273½	4th
1985	5th	5th (284)	4th (311)	6th	4th	6th	6th	6th	6th	t-3rd	4th	4th	5th	6th	5th	307	5th	288	5th
1986	4th	4th (269)	3rd (274)	5th	t-4th	3rd	4th	4th	3rd	6th	4th	7th	2nd	3rd	1st	252	5th	291	3rd
1987	3rd	3rd (326)	4th (267)	1st	1st	1st	6th	6th	5th	5th	8th	2nd	t-5th	5th	6th	338	2nd	255	5th
1988	3rd	2nd (304½)	4th (211)	3rd	1st	3rd	3rd	3rd	1st	7th	6th	8th	4th	5th	4th	231½	4th	284	4th
1989	3rd	1st (344)	5th (256½)	1st	2nd	1st	3rd	4th	2nd	3rd	4th	t-4th	6th	6th	6th	319	2nd	281½	4th
1990	3rd	2nd (299)	5th (233)	2nd	1st	5th	2nd	2nd	2nd	6th	5th	6th	4th	t-4th	t-4th	270	3rd	262	3rd
1991	1st	1st (361)	3rd (352)	2nd	2nd	3rd	2nd	4th	1st	1st	t-1st	1st	3rd	5th	1st	378	1st	335	2nd
1992	5th	5th (270)	2nd (320)	4th	t-1st	4th	9th	10th	7th	2nd	4th	2nd	t-4th	7th	2nd	358	2nd	232	9th
1993	4th	6th (249)	2nd (379)	9th	3rd	t-13th	5th	5th	4th	2nd	3rd	1st	t-1st	2nd	2nd	272	5th	356	t-2nd
1994	4th	3rd (315)	3rd (307)	2nd	2nd	2nd	6th	6th	6th	1st	3rd	2nd	7th	t-8th	4th	360	1st	262	6th
1995	1st	2nd (356)	1st (364½)	1st	2nd	t-3rd	2nd	2nd	2nd	1st	1st	1st	3rd	4th	3rd	364½	1st	356	2nd
1996	4th	3rd (316)	4th (286½)	2nd	2nd	t-8th	4th	6th	2nd	t-3rd	3rd	5th	5th	t-6th	4th	306	2nd	296½	5th
1997	3rd	3rd (299)	t-1st (367)	4th	5th	4th	5th	4th	5th	2nd	1st	3rd	1st	1st	4th	347	3rd	319	2nd
1998	1st	5th (290)	1st (392)	3rd	8th	2nd	5th	3rd	7th	1st	1st	4th	1st	1st	1st	326	1st	356	2nd
1999	1st	1st (368)	3rd (305)	2nd	3rd	3rd	2nd	1st	3rd	2nd	1st	3rd	8th	7th	6th	357	1st	316	2nd
2000	2nd	2nd (338)	3rd (291)	1st	1st	t-1st	5th	7th	3rd	5th	3rd	11th	3rd	5th	1st	318	4th	311	4th
2001	3rd	4th (328½)	3rd (275)	3rd	1st	4th	5th	5th	5th	2nd	5th	1st	7th	9th	7th	348½	2nd	255	4th
2002	2nd	4th (263)	1st (384)	6th	5th	6th	5th	4th	7th	2nd	3rd	2nd	1st	1st	1st	316	3rd	331	2nd
2003	3rd	4th (280)	4th (289½)	5th	6th	4th	3rd	4th	6th	5th	5th	6th	3rd	3rd	4th	270½	5th	299	3rd
2004	4th	7th (262)	3rd (302)	11th	9th	9th	1st	1st	1st	7th	3rd	8th	2nd	1st	5th	189	8th	375	1st
2005	6th	7th (226)	6th (212)	12th	13th	13th	2nd	2nd	2nd	6th	5th	8th	7th	10th	5th	150	11th	288	5th
2006	1st	4th (262)	1st (401)	10th	11th	12th	1st	2nd	1st	1st	2nd	1st	1st	1st	1st	249	5th	414	1st
2007	3rd	4th (289)	2nd (303)	4th	8th	4th	4th	4th	4th	1st	1st	3rd	3rd	3rd	5th	307	3rd	285	5th
2008	2nd	3rd (261)	1st (358)	12th	12th	11th	1st	1st	1st	3rd	5th	t-1st	1st	1st	2nd	232	7th	387	1st
2009	2nd	1st (352½)	7th (250)	3rd	6th	1st	2nd	1st	4th	9th	7th	11th	3rd	4th	3rd	255½	6th	347	3rd
2010	2nd	4th (298)	2nd (416)	10th	7th	10th	1st	2nd	4th	3rd	4th	2nd	2nd	2nd	1st	296	5th	418	1st
2011	1st	1st (403)	1st (428)	1st	2nd	1st	1st	1st	3rd	2nd	1st	3rd	1st	2nd	1st	380	1st	451	1st
2012	3rd	3rd (327)	2nd (343)	4th	3rd	6th	4th	7th	5th	2nd	1st	2nd	4th	6th	5th	380	2nd	290	5th

SCORING BASES: 50 points (2009-present); 39 points (1985, 1992-2008); 36 points (1983-84-87-89-91); 33 points (1988-90); 32 points (1986).

NORDIC—Relay from 1983-88 (points awarded varied year-to-year); two individual races 1989-present.

THE LAST TIME

Here's a chart showing the last time the below was accomplished by Colorado or one of its skiers (the first NCAA championship was held in 1954; numbers in parenthesis are all-time totals where pertinent):

Last NCAA Championship (18): 2011 (Stowe, Vt.) **Last NCAA Runner-Up Finish:** 2010 (Steamboat) **Last RMISA/NCAA Regional Championship (26):** 2012 (Bozeman, Mont.)

Last NCAA Men's Giant Slalom Champion (9): 2012, Adam Zika (Bozeman, Mont.)

Last NCAA Women's Giant Slalom Champion (5): 2008, Lucie Zikova (Bozeman, Mont.)

Last NCAA Men's Slalom Champion (14): 2009, Gabriel Rivas (Bethel, Maine)

Last NCAA Women's Slalom Champion (3): 2008, Lucie Zikova (Bozeman, Mont.)

Last NCAA Men's Classical Champion (3): 2011, Reid Pletcher (Stowe, Vt.)

Last NCAA Women's Classical Champion (6): 2011, Eliska Hajkova (Stowe, Vt.)

Last NCAA Men's Freestyle Champion (4): 2009, Vegard Kjoelhamar (Rumford, Maine)

Last NCAA Women's Freestyle Champion (4): 2008, Maria Grevsgaard (Bozeman, Mont.)

Last Time With Two Individual NCAA Champions (15): 2011 (Eliska Hajkova, CL; Reid Pletcher, CL)

Last Time With Three Individual NCAA Champions (8): 2008 (Maria Grevsgaard, CL, FS; Lucie Zikova, GS, SL)

Last Time With Four Individual NCAA Champions (3): 2008 (Maria Grevsgaard, CL, FS; Lucie Zikova, GS, SL)

BUFFALO CHIP: Colorado was the first school to win a NCAA Championship without fielding a full 12-skier roster.

Not only did CU win the 2006 event at Steamboat Springs, its' 98-point margin of victory was the fourth-largest in history.

2013 COLORADO SKIING / MEDIA NOTES 8-8-8

MEN (NCAA)

Year	Coach	Site	Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1954	Tom Jacobs	Reno, Nev.	3rd	12	348.6	- 35.4	Denver	384.0	Seattle	349.6
1955	Tom Jacobs	Northfield, Vt.	4th	13	540.9	- 26.2	Denver	567.1	Dartmouth	558.9
1956	Tom Jacobs	Winter Park	6th	13	520.6	- 61.4	Denver	582.0	Dartmouth	541.8
1957	Bob Beattie	Ogden, Utah	2nd	20	545.3	- 32.7	Denver	578.0	Colorado	545.3
1958	Bob Beattie	Hanover, N.H.	3rd	13	525.6	- 35.6	Dartmouth	561.2	Denver	550.6
1959	Bob Beattie	Winter Park	1st	9	549.4	+ 5.8	Colorado	549.4	Denver	543.6
1960	Bob Beattie	Bozeman, Mont.	1st	7	571.4	+ 2.8	Colorado	571.4	Denver	568.6
1961	Bob Beattie	Middlebury, Vt.	3rd	9	365.5	- 10.7	Denver	376.2	Middlebury	367.0
1962	Bob Beattie	Squaw Valley, Calif.	2nd	16	374.3	- 15.8	Denver	390.1	Colorado	374.3
1963	Bob Beattie	Solitude, Utah	2nd	12	381.6	- 3.0	Denver	384.6	Colorado	381.6
1964	Bob Beattie	Franconia Notch, N.H.	---	10	Denver	370.2	Dartmouth	368.8
1965	Bob Beattie	Crystal Mountain, Wash.	6th	17	347.6	- 32.9	Denver	380.5	Utah	378.4
1966	M.J. Elisha	Crested Butte	---	11	Denver	381.0	Western State	365.9
1967	Hoeschler/Romine	Sugarloaf, Maine	---	14	Denver	376.7	Wyoming	375.9
1968	Bill Marolt	Steamboat Springs	5th	15	365.3	- 18.6	Wyoming	383.9	Denver	376.2
1969	Bill Marolt	Steamboat Springs	5th	12	360.6	- 28.0	Denver	388.6	Dartmouth	372.0
1970	Bill Marolt	Franconia Notch, N.H.	3rd	14	377.3	- 9.3	Denver	386.6	Dartmouth	378.8
1971	Bill Marolt	Terry Peak, S.D.	2nd	12	373.1	- 21.6	Denver	394.7	Colorado	373.1
1972	Bill Marolt	Winter Park	1st	11	385.3	+ 5.2	Colorado	385.3	Denver	380.1
1973	Bill Marolt	Middlebury, Vt.	1st	14	381.9	+ 4.1	Colorado	381.9	Wyoming	377.8
1974	Bill Marolt	Jackson Hole, Wyo.	1st	15	176.0	+ 14.0	Colorado	176.0	Wyoming	162.0
1975	Bill Marolt	Durango	1st	13	183.0	+ 68.0	Colorado	183.0	Vermont	115.0
1976	Bill Marolt	Rumford, Maine	t-1st	8	112.0	0.0	Colorado	112.0	(Tie) Dartmouth	112.0
1977	Bill Marolt	Winter Park	1st	13	179.0	+ 24.5	Colorado	179.0	Wyoming	154.5
1978	Bill Marolt	Hanover, N.H.	1st	14	152.5	+ 31.0	Colorado	152.5	Wyoming	121.5
1979	Tim Hinderman	Steamboat Springs	1st	13	153.0	+ 23.0	Colorado	153.0	Utah	130.0
1980	Tim Hinderman	Lake Placid, N.Y./Stowe, Vt.	3rd	13	98.0	- 73.0	Vermont	171.0	Utah	151.0
1981	Tim Hinderman	Park City, Utah	3rd	20	113.0	- 70.0	Utah	183.0	Vermont	172.0
1982	Tim Hinderman	Lake Placid, N.Y.	1st	20	461.0	+ 24.5	Colorado	461.0	Vermont	436.5

WOMEN (AIAW)

Year	Coach	Site	Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1977	Larry Martin	Burlington, Vt.	10th	?	NA	Dartmouth	448.0	Utah	416.0
1978	Steve Devin	Red River, N.M.	7th	?	NA	Utah	289.0	Middlebury	260.0
1979	Steve Devin	Marquette	2nd	10	289.8	- 20.7	Middlebury	310.5	Colorado	289.8
1980	Steve Devin	Middlebury, Vt.	5th	10	211.2	- 75.5	Middlebury	286.7	Vermont	260.4
1981	Tim Hinderman	Bozeman, Mont.	8th	11	165.5	- 139.0	Vermont	304.5	Middlebury	303.5
1982	Tim Hinderman	Stowe, Vt.	1st	9	237.4	+ 7.4	Colorado	237.4	Wyoming	230.0

COED (NCAA)

Year	Coach	Site	Finish	Teams	Points	PA/PB	Champion	Points	Runner-Up	Points
1983	Tim Hinderman	Bozeman, Mont.	4th	18	539.0	- 157.0	Utah	696.0	Vermont	650.0
1984	Alan Ashley	Jackson, N.H.	4th	17	556.0	- 194.5	Utah	750.5	Vermont	684.0
1985	Alan Ashley	Bozeman, Mont.	5th	18	595.0	- 169.0	Wyoming	764.0	Utah	744.0
1986	Alan Ashley	Stowe, Vt.	4th	18	543.0	- 69.0	Utah	612.0	Vermont	602.0
1987	Alan Ashley	Anchorage, Alaska	3rd	17	593.0	- 117.0	Utah	710.0	Vermont	627.0
1988	Tim LaVallee	Middlebury, Vt.	3rd	15	515.5	- 135.5	Utah	651.0	Vermont	614.0
1989	Tim LaVallee	Jackson Hole, Wyo.	3rd	17	600.5	- 71.5	Vermont	672.0	Utah	668.0
1990	Tim LaVallee	Stowe, Vt.	3rd	15	532.0	- 139.0	Vermont	671.0	Utah	571.0
1991	Richard Rokos	Park City, Utah	1st	16	713.0	+ 31.0	Colorado	713.0	Vermont	682.0
1992	Richard Rokos	Waterville Valley, N.H.	5th	19	590.0	- 103.5	Vermont	693.5	New Mexico	642.5
1993	Richard Rokos	Steamboat Springs	4th	20	628.0	- 155.0	Utah	783.0	Vermont	700.5
1994	Richard Rokos	Sugarloaf, Maine	4th	19	622.0	- 66.0	Vermont	688.0	Utah	667.0
1995	Richard Rokos	Jackson, N.H.	1st	21	720.5	+ 9.5	Colorado	720.5	Utah	711.0
1996	Richard Rokos	Bozeman, Mont.	4th	23	602.5	- 116.5	Utah	719.0	Denver	635.5
1997	Richard Rokos	Stowe, Vt.	3rd	21	638.0	- 48.0	Utah	686.0	Vermont	646.5
1998	Richard Rokos	Bozeman, Mont.	1st	22	654.0	+ 2.5	Colorado	654.0	Utah	651.5
1999	Richard Rokos	Sunday River/Bethel, Maine	1st	21	650.0	+ 14.0	Colorado	650.0	Denver	636.0
2000	Richard Rokos	Park City, Utah	2nd	20	621.0	- 99.0	Denver	720.0	Colorado	621.0
2001	Richard Rokos	Middlebury, Vt.	3rd	22	595.5	- 53.5	Denver	649.0	Vermont	605.0
2002	Richard Rokos	Anchorage, Alaska	2nd	23	612.0	- 44.0	Denver	656.0	Colorado	612.0
2003	Richard Rokos	Lyme & Hanover, N.H.	3rd	22	546.5	- 135.5	Utah	682.0	Vermont	551.0
2004	Richard Rokos	Lake Tahoe Area, Calif.	4th	23	564.0	- 59.0	New Mexico	623.0	Utah	581.0
2005	Richard Rokos	Stowe, Vt.	6th	22	438.0	- 186.5	Denver	622.5	Vermont	575.0
2006	Richard Rokos	Steamboat Springs	1st	24	654.0	+ 98.0	Colorado	654.0	New Mexico	556.0
2007	Richard Rokos	Attitash, N.H.	3rd	22	592.0	- 106.0	Dartmouth	698.0	Denver	648.0
2008	Richard Rokos	Bozeman, Mont.	2nd	21	619.0	- 30.5	Denver	649.5	Colorado	619.0
2009	Richard Rokos	Rumford/Bethel, Maine	2nd	22	602.5	- 56.5	Denver	659.0	Colorado	602.5
2010	Richard Rokos	Steamboat Springs	2nd	22	714.0	- 71.5	Denver	785.5	Colorado	714.0
2011	Richard Rokos	Stowe, Vt.	1st	21	831.0	+ 80.5	Colorado	831.0	Utah	750.5
2012	Richard Rokos	Bozeman, Mont.	3rd	21	670.0	- 162.0	Vermont	832.0	Utah	671.0

NCAA TEAM CHAMPIONSHIPS (including co-titles): Denver 21, **COLORADO 17**, Utah 10, Vermont 6, Dartmouth 3, Wyoming 2, New Mexico 1.

2013 COLORADO SKIING / MEDIA NOTES 9-9-9

COLORADO'S INDIVIDUAL NCAA CHAMPIONS

Colorado leads the nation in all-time individual NCAA champions, as through the years, Buffalo skiers have been crowned **84** times. That's ahead of Denver (80), Utah (67), Vermont (58), Dartmouth (35), Wyoming (19), New Mexico (12) and Middlebury (10).

BY EVENT (ALPINE)

Men's Giant Slalom (9)

1977 Stephan Hienzsch
 1982 Seth Bayer
 1987 John Skajem
 1989 Ian Witter
 1991 Toni Standteiner
 1992 Eric Archer
 1993 Sean Ramsden
 1995 Bryan Sax
 2012 Adam Zika

Men's Slalom (14)

1961 Buddy Werner
 1963 Jimmie Heuga
 1966 Bill Marolt
 1970 Mike Porcarelli
 1972 Mike Porcarelli
 1977 Stephan Hienzsch
 1983 Niklas Scherrer
 1984 James Marceau
 1986 John Skajem
 1987 John Skajem
 1990 Chris Pedersen
 1995 Scott Wither
 2000 Andy LeRoy
 2009 Gabriel Rivas

Men's Alpine Combined (6)

1961 Buddy Werner
 1963 Buddy Werner
 1966 Bill Marolt
 1970 Mike Porcarelli
 1972 Mike Porcarelli
 1975 Mark Ford
(discontinued after 1976)

Men's Downhill (6)

1960 Dave Butts
 1963 Bill Marolt
 Buddy Werner
 1965 Bill Marolt
 1969 Mike Lafferty
 1975 Mark Ford
(discontinued after 1975)

Men's Jumping (7)

1959 Dave Butts
 1970 Jay Rand
 1971 Vidar Nilsgard
 1973 Vidar Nilsgard
 1974 Didrik Ellefsen
 1975 Didrik Ellefsen
 1978 T. H. Jensen
(discontinued after 1980)

Men's Skimeister (2)

1959 Dave Butts
 1960 John Dendahl
(discontinued after 1973)

Women's Giant Slalom (5)

1986 Lynda McGehee
 1998 Caroline Gedde-Dahl
 1999 Aimee-Noel Hartley
 2000 Aimee-Noel Hartley
 2008 Lucie Zikova

Women's Slalom (3*)

1982 Lee Sevinson (*AIAW)
 1999 Linda Wikstrom
 2006 Lucie Zikova
 2008 Lucie Zikova

Women's Alpine Combined

1982 Lee Sevinson (AIAW)
(discontinued after 1982)

BY EVENT (NORDIC)

Men's Classical (3)

1999 Ove Erik Tronvoll
 2010 Matt Gelso
 2011 Reid Pletcher

Men's Freestyle (4)

1989 Per Kare Jakobsen
 1991 Bjorn Svensson
 2006 Kit Richmond
 2009 Vegard Kjoelhamar

Men's Cross Country (7)

1960 John Dendahl
 1968 Clark Matis
 1969 Clark Matis
 1977 Helge Aamodt
 1978 Sigurd Kjerpeseth
 1982 Egil Nilsen
 1988 Per Kare Jakobsen

Men's Cross Country Relay (2)

1982 Thomas Holter,
 Bjorn Gjelsten &
 Egil Nilsen
 1988 Ric Schaaf,
 Aage Schaanning &
 Per Kare Jakobsen
(discontinued after 1988)

Men's Nordic Combined (2)

1960 John Dendahl
 1976 Jack Turner
(discontinued after 1976)

Women's Classical (6)

1993 Anette Skjolden
 1998 Line Selnes
 2002 Mari Storeng
 2006 Jana Rehema
 2008 Maria Grevsgaard
 2011 Eliiska Hajkova

Women's Freestyle (5)

1992 Anette Skjolden
 1998 Line Selnes
 2000 Katka Hanusova
 2006 Jana Rehema
 2008 Maria Grevsgaard

Women's Cross Country (2)

1985 Kristen Petty
 1987 Kristen Petty
(discontinued after 1988)

Women's Cross Country Relay (1)

1986 Ingrid Butts,
 Jill Anderson &
 Kristen Petty
(discontinued after 1988)

NCAA Relay Champions

1986 (Women) Ingrid Butts, Jill Anderson, Kristen Petty
 1988 (Men) Ric Schaaf, Aage Schaanning, Per Kare Jakobsen
(discontinued after 1988)

BY YEAR (84)

1954—0	1960—4	1966—2	1972—2	1978—2	1984—1	1990—1	1996—0	2002—1	2008—4
1955—0	1961—2	1967—0	1973—1	1979—0	1985—1	1991—2	1997—0	2003—0	2009—2
1956—0	1962—0	1968—1	1974—1	1980—0	1986—3	1992—2	1998—3	2004—0	2010—1
1957—0	1963—4	1969—2	1975—3	1981—0	1987—3	1993—2	1999—3	2005—0	2011—2
1958—0	1964—0	1970—3	1976—1	1982—3	1988—2	1994—0	2000—3	2006—4	2012—1
1959—2	1965—1	1971—1	1977—3	1983—1	1989—2	1995—2	2001—0	2007—0	

does not include 2 AIAW titles

2013 COLORADO SKIING / MEDIA NOTES 10-10-10

CHART-MANIA: A LOOK AT THE GREATEST BUFFS SINCE 1983

Here's a look at the most successful Buffaloes since 1983, the year the men's and women's programs were combined and the sport of skiing went coed:

ALL-TIME INDIVIDUAL SEASON WINS BY CU SKIERS (Since 1983)

11	Line Selnes, 1998 (Nordic; 6 FS, 5 CL)	5	John Skajem, 1987 (Alpine; 4 SL, 1 GS)
11	Maria Grevsgaard, 2008 (Nordic; 6 CL, 5 FS)	5	Per Kare Jakobsen, 1990 (Nordic; 3 FS, 2 CL)
8	Joanne Reid, 2010-13 (5 CL, 5 FS)	5	Anette Skjolden, 1991 (Nordic; 3 FS, 2 CL)
7	John Skajem, 1986 (Alpine; 4 SL, 3 GS)	5	Bjorn Svensson, 1992 (Nordic; 3 FS, 2 CL)
7	Toni Standteiner, 1991 (Alpine; 5 GS, 2 SL)	5	Anette Skjolden, 1993 (Nordic; 5 CL, 0 FS)
7	Lucie Zikova, 2006 (Alpine; 5 SL, 2 GS)	5	Katka Hanusova, 2000 (Nordic; 4 FS, 1 CL)
7	Maria Grevsgaard, 2007 (Nordic; 5 CL, 2 FS)	5	Lucie Zikova, 2008 (Alpine; 4 SL, 1 GS)
6	Per Kare Jakobsen, 1989 (Nordic; 5 FS, 1 CL)	5	Maria Grevsgaard, 2009 (Nordic; 3 CL, 2 FS)
6	Ove Erik Tronvoll, 1999 (Nordic; 4 CL, 2 FS)	5	Rune Oedegaard, 2012 (Nordic; 3 CL, 2 FS)
6	Jana Rehema, 2006 (Nordic; 3 FS, 3 CL)		

TOP THREE (PODIUM) FINISHES IN FIRST CAREER NCAA EVENT BY CU SKIERS (All-time for wins; 2nd/3rd since 1983)

1st	Kristen Petty, 1985 (Soph., Nordic)	2nd	Andreja Rojs, 1991 (Fr., Alpine, giant slalom)
1st	Per Kare Jakobsen, 1988 (Soph., Nordic)	2nd	Caroline Gedde-Dahl, 1996 (Soph., Alpine, giant slalom)
1st	Ian Witter, 1989 (Fr., Alpine, giant slalom)	2nd	Mari Storeng, 2001 (Jr., Nordic, classical)
1st	Toni Standteiner, 1991 (Fr., Alpine, giant slalom)	2nd	Maria Grevsgaard, 2006 (Fr., Nordic, classical)
1st	Sean Ramsden, 1993 (Soph., Alpine, giant slalom)	2nd	Sara Hjertman, 2011 (Sr., Alpine, giant slalom)
1st	Line Selnes, 1998 (Sr., Nordic, classical)	3rd	Jessica Ochs, 1995 (Fr., Alpine, giant slalom)
1st	Katka Hanusova, 2000 (Fr., Nordic, freestyle)	3rd	Linda Wikstrom, 1999 (Jr., Alpine, giant slalom)
1st	Adam Zika, 2012 (Fr., Alpine, giant slalom)	3rd	Jesper Ostensen, 2008 (Fr., Nordic, freestyle)
2nd	Chris Pedersen, 1990 (Fr., Alpine, giant slalom)	3rd	Eliska Hajkova, 2010 (Soph., Nordic, freestyle)

TWO PODIUM FINISHES IN FIRST CAREER NCAA CHAMPIONSHIPS BY CU SKIERS (Since 1983)

1st (XC), 1st (R)	Per Kare Jakobsen, 1988 (Soph., Nordic)	2nd (GS), 1st (SL)	Chris Pedersen, 1990 (Fr., Alpine)
1st (GS), 2nd (SL)	Ian Witter, 1989 (Fr., Alpine)	2nd (CL), 3rd (FS)	Mari Storeng, 2001 (Jr., Nordic)
1st (GS), 3rd (SL)	Toni Standteiner, 1991 (Fr., Alpine)	3rd (GS), 1st (SL)	Linda Wikstrom, 1999 (Jr., Alpine)
1st (CL), 1st (FS)	Line Selnes, 1998 (Sr., Nordic)		

ALL-TIME INDIVIDUAL CAREER WINS BY CU SKIERS (Since 1983)

24	Maria Grevsgaard, 2006-09 (15 CL, 9 FS)	11	Line Selnes, 1998 (6 FS, 5 CL)
16	Lucie Zikova, 2005-08 (12 SL, 4 GS)	10	Joanne Reid, 2010-13 (5 CL, 5 FS)
13	Per Kare Jakobsen, 1988-90 (9 FS/XC, 4 CL)	10	Bjorn Svensson, 1990-93 (6 FS, 4 CL)
12	John Skajem, 1986-87 (7 SL, 5 GS)	10	Ove Erik Tronvoll, 1998-99 (7 CL, 3 FS)
11	Anette Skjolden, 1991-93 (7 CL, 4 FS)		

ALL-TIME PODIUM (TOP THREE) FINISHES BY CU SKIERS (Since 1983)

34	Maria Grevsgaard, Nordic, 2006-09 (24 wins; 7 seconds; 3 thirds)	19	Gabriel Rivas, Alpine, 2009-11 (5-6-8)
34	Lucie Zikova, Alpine, 2005-08 (16-11-7)	19	Joanne Reid, Nordic, 2010-13 (10-4-5)
31	Eliska Hajkova, Nordic, 2010-13 (8-17-6)	17	Ove Erik Tronvoll, Nordic, 1998-99 (10-4-3)
25	Per Kare Jakobsen, Nordic, 1988-90 (13-6-6)	17	Rune Oedegaard, Nordic, 2012-13 (8-6-3)
22	Unni Odegard, Nordic, 1998-2000 (1-8-13)	15	Jana Rehema, Nordic, 2003-06 (6-8-1)
22	Andreja Rojs, Alpine, 1991-94 (5-9-8)	14	Erling Christiansen, Nordic, 2003-06 (2-4-8)
22	Anette Skjolden, Nordic, 1991-93 (11-7-5)	14	Kit Richmond, Nordic, 2006-08 (6-6-2)
22	Bjorn Svensson, Nordic, 1990-93 (10-10-2)	14	Linda Wikstrom, Alpine, 1999-2000 (4-2-8)
20	Matt Gelso, Nordic, 2007-10 (6-4-10)	14	Vegard Kjoelhamar, Nordic, 2009-12 (5-7-2)
19	John Skajem, Alpine, 1986-87 (12-5-2)		

ALL-TIME SWEEPS (CL/FS; GS/SL) AT SAME COMPETITION (Since 1983)

8	Maria Grevsgaard, 2006-09 (Nordic)	3	Jana Rehema, 2004-06 (Nordic)
5	Line Selnes, 1998 (Nordic)	3	Lucie Zikova, 2005-08 (Alpine)
4	John Skajem, 1985-87 (Alpine)	3	Joanne Reid, 2010-13 (Nordic)
3	Per Kare Jakobsen, 1988-90 (Nordic)		

NCAA CHAMPIONSHIP SWEEPS: In 2008, Colorado became the first school since 1983 to have two skiers sweep their respective disciplines: **Lucie Zikova** claimed the individual titles in the giant slalom and slalom, while **Maria Grevsgaard** did the same in winning both the classical and freestyle races. The pair overall joined **John Skajem** (1987, Alpine), **Line Selnes** (1998, Nordic) and current CU Nordic assistant coach, **Jana Rehema** (2006, Nordic).

BUFFALO CHIP: **Lucie Zikova** ('08) had 38 top five finishes in 48 career races, including 16 wins and nine runner-up efforts. She closed her career with a school-record 15 straight top five alpine finishes from the 2007 NCAA Championships through the 2009 nationals.

2013 NCAA WESTERN REGION RECAP

Though Colorado won all five invitationals in the west this winter, four teams can lay claim to being the strength in each of the eight disciplines. Some races had separation, others, such as the men's slalom at the NCAA West Regional in Bozeman, saw just two seconds separate the first 21 finishers (and a single tick the difference between fourth and 19th).

That's how it went in the west in 2013.

Colorado captured its 12th RMISA/West Regional title in the 23 years that Richard Rokos served as the program's head coach, and its 23rd overall in the 64 year history of the conference. Under Rokos, the Buffaloes have won 60 of 139 meets they have skied in, all five this winter as well as six NCAA titles in his time in Boulder.

Since the sport went coed in 1983, this was just the fifth time that one school swept all the meets in the west leading up to the NCAA Championships: Utah was the first to do it in 1989, followed by the Buffaloes in 1995, Denver in 2005 and the Utes again last year. CU and DU went on to win the NCAA title those years for a complete start-to-finish sweep.

The standings behind the Buffs were jumbled; Denver took second three times and Utah twice; both finished third twice while New Mexico took the bronze spot once. The Lobos finished fourth four times (Utah once), with Montana State fifth three times and Alaska twice, the schools finishing the opposite counts in sixth.

Back to the balance. Colorado was the regular season point champion in all four women's disciplines (giant slalom, slalom, freestyle, classic), though it only edged Denver by a combined 14½ points in the alpine standings. Utah was the dominant men's Nordic program (a 166-point edge

over Colorado), while Denver got the best of the rest in the men's GS and New Mexico the point champ in the slalom.

Individually, Colorado skiers won 13 races, followed by Denver (12), Utah (eight) and New Mexico (five); Alaska and Montana State each had one champion. Denver alpine ace Kristine Haugen and CU Nordic racer Joanne Reid led the way with eight winds apiece, with Utah's Miles Havlick the dominant male Nord with six wins.

There wasn't much separation in the point standings, as Colorado amassed 4,403.5 including the regional, with Denver (4,085.5) and Utah (4,019) also eclipsing the 4,000 plateau. Those three schools also accounted for 27 of the 41 members of the All-RMISA teams: CU had 10 (seven first-team), Utah 9 (five) and Denver 8 (two). New Mexico placed six on the squads (three first-team), with UAA and MSU four each.

But what will be interesting this winter is that with the change in qualification numbers for the west schools, all six will field full 12-skier teams in the NCAA Championships, most definitely a high for the region since the adoption of the dozen performer limit. It changed the dynamic of the regional, as the coaches plotted the start orders based on improving an individual's seeding as opposed to worrying about qualifying a full team.

In the regional, held in Bozeman for a second straight year, Colorado led the three-day meet from start to finish, building a big lead after the Nordic competition was over and played it safe in the slalom to defeat Denver by 46.5 points. DU's Haugen captured both the women's GS and slalom titles, and was joined by teammate Espen Lysdahl (slalom) to give the Pioneers three regional titles. The Buffs matched that count, with Reid (classic), Rune Oedegaard (classic) and Eliska Hajkova (freestyle) claiming titles. UNM's Christopher Acosta (men's GS) and Utah's Havlick (freestyle) rounded out the regional victors.

RMISA Championship/NCAA West Regional Team Scores (Final; 8 events)— 1. Colorado 905.5; 2. Denver 859; 3. Utah 805; 4. New Mexico 755; 5. Montana State 739; 6. Alaska-Anchorage 620.

Men's 10K Classical—1. Rune Oedegaard, CU, 28:15.3; 2. Miles Havlick, Utah, 28:15.6; 3. Einar Ulsund, Utah, 29:04.4; 4. David Norris, MSU, 29:05.3; 5. Lukas Ebner, UAA, 29:08.0; 6. Andrew Daugherty, DU, 29:16.8; 7 (tie). Gustav Nordstrom, CU and Noe Bellet, Utah, 29:18.7; 9. Patrick Madden, MSU, 29:25.2; 10. Niklas Persson, Utah, 29:27.9.

Women's 5K Classical— 1. Joanne Reid, CU, 16:35.9; 2. Eliska Hajkova, CU, 16:45.5; 3. Maria Nordstroem, CU, 16:51.9; 4. Marine Dusser, UAA, 17:03.8; 5. Silje Benum, DU, 17:04.0; 6. Makayla Cappel, DU, 17:12.4; 7. Rose Kemp, Utah, 17:24.8; 8. Jessica Yeaton, MSU, 17:26.8; 9. Patricia Sprecher, UAA, 17:35.5; 10. Anna Svendsen, Utah, 17:40.4.

Men's Giant Slalom—1. Christopher Acosta, UNM, 1:38.89; 2. Jeremy Elliot, Utah, 1:39.17; 3. Espen Lysdahl, DU, 1:39.43; 4. Grant Jampolsky, DU, 1:39.45; 5. Andreas Haug, CU, 1:39.47; 6. Max Marno, DU, 1:39.58; 7. Michael Bansmer, UNM, 1:39.78; 8. Cameron Smith, CU, 1:39.80; 9. Kitt Flowers, DU, 1:39.82; 10. Sam Monseu, MSU, 1:40.28.

Women's Giant Slalom— 1. Kristine Haugen, DU, 1:39.23; 2. Kristina Rove, Utah, 1:39.78; 3. Mateja Robnik, UNM, 1:40.52; 4. Brooke Wales, CU, 1:40.75; 5. Ana Kobal, Utah, 1:41.03; 6. Stephanie Irwin, MSU, 1:41.26; 7. Devin Delaney, DU, 1:41.28; 8. Vanessa Berther, UAA, 1:41.60; 9. Jessica Honkonen, CU, 1:41.65; 10. Kelly McBroom, MSU, 1:41.67.

Men's 20K Freestyle— 1. Miles Havlick, Utah, 58:35.6; 2. Rune Oedegaard, CU, 58:38.2; 3. Einar Ulsund, Utah, 59:00.9; 4. Niklas Persson, Utah, 59:00.9; 5. Noe Bellet, Utah, 59:07.7; 6. Mats Resaland, UNM, 59:21.1; 7. Arnaud Du Pasquier, CU, 59:28.1; 8. Andrew Daugherty, DU, 59:49.7; 9. Tyler Reinking, MSU, 59:50.6; 10. Lukas Ebner, UAA, 59:54.9.

Women's 15K Freestyle— 1. Eliska Hajkova, CU, 51:25.7; 2. Joanne Reid, CU, 51:40.2; 3. Maria Nordstroem, CU, 51:45.9; 4. Rose Kemp, Utah, 52:23.6; 5. Makayla Cappel, DU, 52:30.2; 6. Jessica Yeaton, MSU, 52:39.5; 7. Silje Benum, DU, 52:41.6; 8. Mary Rose, CU, 52:46.8; 9. Jessica Jortberg, DU, 53:15.9; 10. Isabella Smith, MSU, 53:19.5.

Men's Slalom—1. Espen Lysdahl, DU, 1:50.37; 2. Christopher Acosta, UNM, 1:50.57; 3. Max Marno, DU, 1:50.68; 4. Michael Bansmer, UNM, 1:51.14; 5. Michael Mackie, MSU, 1:51.17; 6. Grant Jampolsky, DU, 1:51.19; 7. Andreas Haug, CU, 1:51.32; 8. Mark Miller, UNM, 1:51.34; 9. Michael Radford, MSU, 1:51.39; 10. Cameron Smith, CU, 1:51.54.

Women's Slalom— 1. Kristine Haugen, DU, 1:36.81; 2. Ana Kobal, Utah, 1:37.93; 3. Mateja Robnik, UNM, 1:38.75; 4. Jessica Honkonen, CU, 1:39.35; 5. Kate Williams, UNM, 1:39.93; 6. Devin Delaney, DU, 1:39.96; 7. Kelly McBroom, MSU and Jaime DuPratt, Utah, 1:40.50; 9. Thea Groszold, CU, and Stephanie Irwin, MSU, 1:40.68.

2013 COLORADO SKIING / TEAM & INDIVIDUAL RESULTS

(as of March 4)

Team Results

Season Results	overall	Alpine-----			Nordic-----			meet points-----			PA/PB
		overall	men	women	overall	men	women	Alpine	Nordic	Total	
J 8-13 COLORADO INVITATIONAL	1st/ 9	2nd/ 8	3rd/ 7	1st/ 8	1st/ 7	4th/ 6	1st/ 7	417	461	878	+ 69½
J 12-20 at Denver Invitational	1st/ 9	2nd/ 8	2nd/ 8	4th/ 8	1st/ 7	3rd/ 7	1st/ 7	386	466	852	+ 19
F 6- 9 at Utah Invitational	1st/ 8	2nd/ 8	3rd/ 8	2nd/ 8	1st/ 7	2nd/ 7	1st/ 7	440	464	904	+ 59
F 1-10 at New Mexico Invitational	1st/ 9	2nd/ 8	2nd/ 8	2nd/ 8	2nd/ 7	2nd/ 7	1st/ 7	434	430	864	+ 13
F 22-24 at RMISA Championships (Bozeman)	1st/ 6	3rd/ 6	3rd/ 6	3rd/ 6	1st/ 6	2nd/ 6	1st/ 6	395½	510	905½	+ 46½
M 7- 9 at NCAA Championships (Middlebury)											

RMISA Alpine Qualifiers (Q1/Q2/below)—Extra alpine qualifiers, no team scores (Q1 at Eldora, Jan. 7; Q2 at Winter Park, Jan. 11).

ROCKY MOUNTAIN INTERCOLLEGIATE SKIING ASSOCIATION (RMISA) SEASON POINT STANDINGS (4 meets): Colorado 3,498; Denver 3,226½; Utah 3,214; New Mexico 2,984½; Montana State 2,649; Alaska 2,642; Westminster 1,061, Wyoming 528, Colorado Mountain College 250.

RMISA INDIVIDUAL WINNERS BY SCHOOL (44; includes qualifiers & championships): Colorado 13, Denver 12, Utah 8, New Mexico 5, Westminster 4, Alaska 1, Montana State 1.

Individual Alpine Skier Charts

MEN Skier	RMISA NCAA												
	Q1 GS	CU GS	Q2 SL	DU GS	UU SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL
H. GUNNARSSON	t17	17	4	10	11	4	32	7	3	D1	14	15	
A. HAUG	22	16	11	D2	14	6	8	18	11	16	5	7	
K. HIETANEN	15	D2	19	16	10	13	5	26	10	t7	11	20	
M. LAMB	24	23	24	22	19	5	11	5	4	D1	16	27	
F. McDONALD	28	30	2	25	30	3	29	12	8	t7	26	12	
C. SMITH	25	24	18	8	6	D2	25	22	D2	26	8	10	
A. ZIKA	—	—	—	—	—	—	—	—	—	—	—	—	—
TNF	34	34	24	30	33	32	36	29	28	32	30	30	

WOMEN Skier	RMISA NCAA												
	Q1 GS	CU GS	Q2 SL	DU GS	UU SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL	UNM SL
K. BURROWS	23	D1	DQ	21	D1	23	29	D1	D2	D2	13	22	
T. GROSVOLD	12	12	7	20	23	12	8	6	7	7	14	9	
J. HONKONEN	7	8	3	D2	17	DQ	9	4	2	3	9	4	
S. McLEAN	4	5	D2	D2	3	D2	3	20	13	12	—	—	
B. WALES	2	2	10	D1	D2	13	2	7	8	DQ	4	11	
C. WISE	18	20	DQ	25	27	29	D2	DQ	20	17	22	27	
TNF	25	27	20	27	28	30	31	20	29	25	25	28	

GS RUNS WON (0).

SL RUNS WON (1): McDonald 1.

GS RUNS WON (1): McLean 1.

SL RUNS WON (0).

Individual Nordic Skier Charts

MEN Skier	RMISA NCAA											
	CU FS	DU CL	UNM FS	UNM CL	UNM FS	UNM CL	UNM FS	UNM CL	UNM FS	UNM CL	UNM FS	UNM CL
A. DU PASQUIER	22	20	24	26	16	18	23	10	16	7		
A. HOYE	—	—	13	16	8	16	10	21	12	11		
I. MALLAMS	20	18	17	27	13	14	—	23	11	17		
G. NORDSTROM	—	—	16	13	5	—	2	18	7	16		
R. OEDEGAARD	1	2	2	1	14	3	4	2	1	2		
M. VIGERS	17	14	21	14	12	13	20	11	17	20		
C. VON THADEN	15	25	22	22	22	19	22	15	22	15		
TNF	28	31	32	31	31	28	28	28	30	27		

WOMEN Skier	RMISA NCAA											
	CU FS	DU CL	UNM FS	UNM CL	UNM FS	UNM CL	UNM FS	UNM CL	UNM FS	UNM CL	UNM FS	UNM CL
E. HAJKOVA	10	6	3	2	3	5	18	2	2	1		
M. NORDSTROEM	3	1	9	11	30	18	9	5	3	3		
J. REID	1	2	1	1	1	1	1	1	1	2		
M. ROSE	7	7	5	9	—	—	24	20	12	8		
TNF	27	30	30	28	30	28	32	29	29	27		

CL—classical; DF—did not finish; D#—did not finish, number indicates first or second run; DS—did not start, 2nd run; DQ—disqualified; F/CIP—indicates freestyle or classical pursuit; FS—freestyle; GS—giant slalom; SL—slalom; TNF—total number of NCAA finishers only; non-NCAA and independent skiers are deleted in such instances.

Season Honors

CU ATHLETE-OF-THE-WEEK WINNERS (4): Rune Oedegaard (Jan. 14-20), Joanne Reid (Jan. 7-13, Jan. 14-20), Women's Nordic Team (Feb. 18-24).

RMISA SKIER-OF-THE-WEEK WINNERS (5): Jessica Honkonen (A-Colorado); Joanne Reid (N-Colorado), Eliska Hajkova (N-Denver), Rune Oedegaard (N-Denver), Brooke Wales (A-Utah), Maria Nordstroem (N-RMISA).

RMISA MOST VALUABLE SKIERS (2): Thea Grosvold (Alpine), Joanne Reid (Nordic).

DIVISION I NATIONAL ALL-ACADEMIC SKI TEAM MEMBERS (14; minimum 3.50 GPA & regional participation unless injured): Arnaud Du Pasquier, Thea Grosvold, Eliska Hajkova, Andreas Haug, Andreas Hoye, Max Lamb, *Ian Mallams, Rune Oedegaard, Joanne Reid, Cameron Smith, *Michael Vigers, Brooke Wales, *Clair Wise, Adam Zika (*—denotes 4.0 GPA).

ALL-RMISA (10): First-Team (7)— Eliska Hajkova, Jessica Honkonen, Shane McLean, Maria Nordstroem, Rune Oedegaard, Joanne Reid, Brooke Wales.

Second-Team (3)— Henrik Gunnarson, Fletcher McDonald, Mary Rose.



Thea Grosvold
Alpine
R-Freshman
Oslo, Norway

Grosvold is just a freshman although finishing up her second season on the CU ski team. She took a redshirt season in 2012 recovering from a knee injury she suffered in December 2010. She earned the RMISA Women's Alpine MVP honor for her consistent skiing in 2013 with six top 10 and 10 top 15 performances. She has finished in the top 12 in all six slalom races this season with four straight top 10 finishes and a season best of sixth at the Utah Invitational. Her GS races have been solid, too, again with her season best at the Utah Invite of eighth place. She had seventh place finishes at both slalom races as part of the New Mexico Invitational, as well. A member of the Division I National All-Academic Ski team. Her brother, Torjus Krogdahl, skied for Utah and was a four-time All-American for the Utes.

2013 In Review	GS	SL
*RMISA Qualifiers	12	20
CU INVITATIONAL	12	7
at Denver Invite	23	12
at Utah Invite	8	6
*at UNM Invite	7	7
RMISA Champ.	14	9

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Henrik Gunnarsson
Alpine
Freshman
Gavle, Sweden

One of seven freshmen who are all making their first NCAA Championships appearance, Gunnarsson put an impressive alpine season together for the Buffaloes, particularly in slalom action. In the first four slalom races of the season, he finished fourth at the CU Invitational, fourth at the DU Invitational, seventh at the Utah Invitational and then third at the first slalom race as part of the New Mexico Invitational. He then didn't finish the second slalom race there with some issues with his skis and finished 15th at the RMISA Championships where seeding is different. In GS action, he has his best races at Winter Park with a qualifier and meet race for the DU Invitational, taking home a 10th and 11th place finish.

2013 In Review	GS	SL
*RMISA Qualifiers	17	10
CU INVITATIONAL	17	4
at Denver Invite	11	4
at Utah Invite	32	7
*at UNM Invite	3	DNF
RMISA Champ.	14	15

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Eliska Hajkova
Nordic
Senior
Jablonec, Czech
Republic

One of just two seniors of the 12 skiers participating for the Buffaloes at the NCAA Championships, Hajkova is putting the wraps on one of the most dominant careers in CU history. She is already a five-time All-American for the Buffs and was the NCAA Individual Classic Champion last time NAAs were held in Vermont in 2011, helping CU to the team championship that year. In 46 career races, she had an astonishing 31 podium finishes, third most at CU since skiing went co-ed in 1983, and she has eight race victories, five classic and three freestyle. This year she looks to be peaking at the right time with three straight first or second place finishes, including her first win of the season at the RMISA Championships in the freestyle.

2013 In Review	CL	FS
CU INVITATIONAL	6	10
at DU Invite	2	3
at UNM Invite	3	5
at UU Invite	18	2
RMISA Champ.	2	1



Andreas Haug
Alpine
Junior
Blommenholm, Norway

Suddenly the elder statesman of the CU alpine squad as the only non-freshman of the six alpine skiers the Buffs sent to the NCAA Championships. Haug is making his third appearance for the Buffaloes in his third season at the school. He is also peaking late in the season after showing steady improvement all year and had his two best races at the RMISA Championships, finishing fifth in the GS and seventh in the slalom. He has four top 10 finishes this year, two each in GS and slalom, and two more 11th place finishes in slalom action. He has 40 collegiate races under his belt with 18 top 10 finishes, eight top five and four podiums with one victory. He has close to a perfect 4.0 GPA and was last year's Elite 89 recipient.

2013 In Review	GS	SL
*RMISA Qualifiers	22	DNF
CU INVITATIONAL	16	11
at Denver Invite	14	6
at Utah Invite	8	18
*at UNM Invite	11	16
RMISA Champ.	5	7

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Kasper Hietanen
Alpine
Freshman
Helsinki, Finland

One of seven overall freshman for the Buffs this year at the NCAA Championships and one of five alpine freshman, Hietanen hit the ground running for the Buffs in his first season. He totaled four top 10 finishes, two each in slalom and GS action. A higher ranked GS skier, he had his best finish of fifth at the Utah Invitational. Slowly improving his slalom finishes throughout the season, he was at his best at New Mexico where he finished 10th and tied for seventh in the slalom races there. In all he finished 11 of 12 races and was in the top 20 a total of 10 times with the four top 10 finishes and two more in the top 13. He got to CU just before the start of the spring semester and added some unexpected depth to the squad as it was unsure if he'd join the team this season or next.

2013 In Review	GS	SL
*RMISA Qualifiers	15	16
CU INVITATIONAL	DNF	19
at Denver Invite	10	13
at Utah Invite	5	25
*at UNM Invite	10	t-7
RMISA Champ.	11	20

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Jessica Honkonen
Alpine
Freshman
Espoo, Finland

Honkonen is one of seven freshman on the squad headed to NCAAs this season, and one of three first-year collegiate skiers on the women's alpine squad for the Buffs. She's putting the cap on an extremely solid first season that has seen her rack up nine top 10 finishes in 12 races this season. She also has two podium appearances and in New Mexico, finished second in a slalom race behind a non-NCAA skier, thus earning a win in terms of NCAA Qualification. One of the top slalom skiers in the country, she was DQ'd from one race but finished the other five in the top four. Nearly equally as impressive in GS action, she also finished five of six races with four top 10s. After her DQ in the DU Invitational slalom race, she has been on a tear, finishing the last six races in the top 10 with four top 5's and two podiums.

2013 In Review	GS	SL
*RMISA Qualifiers	7	DNF
CU INVITATIONAL	8	3
at Denver Invite	17	DQ
at Utah Invite	9	4
*at UNM Invite	2	3
RMISA Champ.	9	4

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.



Andreas Hoyer
Nordic
Junior
Oslo, Norway

Now one of the veterans, Hoyer will be skiing at the NCAA Championships for the second time of his career this year as one of only four upperclassmen on the Buffs' NCAA roster. He has been hampered a bit with some illness this season, as he missed the CU Invitational to open the season, and has been slowly coming back to full strength late in the season. A bit stronger in classical races, he has a pair of top 10 finishes and three top 12s out of the four races he participated in. He did put his best freestyle effort forth at the RMISA Championships, taking 11th. Having not traveled east his freshman season, his only results at sea level in his career were his best, finishing in the top eight in four races in Alaska. His brother, Henrik, was a five-time All-American for the Buffs and helped the team to the 2006 NCAA title.

2013 In Review	CL	FS
CU INVITATIONAL	—	—
at DU Invite	16	13
at UNM Invite	8	16
at UU Invite	10	21
RMISA Champ.	12	11



Gustav Nordstroem
Nordic
Freshman
Gavle, Sweden

Nordstroem is in his first season skiing collegiately and has been adjusting throughout the season. He is known as a sprinter and has shown earlier career success in the 10K races this season. He missed the CU Invitational to open the season while skiing back in Europe and has been especially impressive in the interval start classic races this season. He finished fifth in the 5K classical race at New Mexico, second in the 10K classic race at Utah and then seventh in Montana at the RMISA Championships. In the mass start distance races, he has been strong at times in the races and keeps improving, first finishing 16th at the DU Invitational, 18th at Utah and 16th at the RMISA Championships. His sister, Maria, is also a freshman on the Nordic team and those two comprise the newcomers for the Buffaloes on the Nordic side.

2013 In Review	CL	FS
CU INVITATIONAL	—	—
at DU Invite	13	16
at UNM Invite	5	—
at UU Invite	2	18
RMISA Champ.	7	16



Maria Nordstrom
Nordic
Freshman
Gavle, Sweden

Nordstrom is finishing out one of the more impressive rookie seasons in school history as part of the best women's Nordic squad in the west. In 10 races, she has finished in the top 11 eight times with four podium appearances and one victory. She won the 5K classical race at the CU Invitational. She is one of three CU women's Nordic skiers to win a race this season as CU skiers won all 10 races on the season. Take out two races at New Mexico at extreme elevation, and she hasn't finished lower than 11th. She opened the season strong with two podiums at the CU Invitational, adding to her win a third place finish in the 15K freestyle race. She then took third place in both races at the RMISA Championships as the Buffs swept the podium in both races, the first double-sweep in recent RMISA history and just third and fourth sweep at CU since 1983.

2013 In Review	CL	FS
CU INVITATIONAL	1	3
at DU Invite	11	9
at UNM Invite	30	18
at UU Invite	9	5
RMISA Champ.	3	3



Rune Oedegaard
Nordic
Sophomore
Molde, Norway

A sophomore making his second appearance at the NCAA Championships, he is one of the top Nordic skiers in the nation. He has won three races this season and has eight podium appearances in 10 races. Combined with last year, he has eight wins and 17 podium appearances in 22 career races. His season long battle with Utah's Miles Havlick has been one for the ages and was at its best in Montana at the RMISA Championships, as Oedegaard beat Havlick by just 3-tenths of a second in the classical race and Havlick won the freestyle race by just 2.3 seconds. He is motivated by the fact he wasn't happy with his performance at last year's NCAAs, when he finished fifth and seventh after having nine straight podium appearances entering the championship. His sister, Unni, and brother, Gier, both skied for CU. Unni was a six-time All-American from 1998-2000.

2013 In Review	CL	FS
CU INVITATIONAL	2	1
at DU Invite	1	2
at UNM Invite	14	3
at UU Invite	4	2
RMISA Champ.	1	2



Joanne Reid
Nordic
Senior
Palo Alto, Calif.

Simply put, she is in the midst of one of the top seasons in NCAA history. She has won eight of 10 races this year and finished second in the other two, both of which her teammates won. She swept three straight meets and at one point won seven straight. Her seven straight was one off the school record and her eight wins this year ranks third all-time at CU. The RMISA Women's Nordic MVP, she is already a five-time All-American and despite being a senior is one of the younger racers in the country at just 20 years old. She has 37 races to her credit in her career with 33 top 10 finishes and 26 times she's finished in the top 5. She has 19 podium appearances and 10 wins. Her mom, the former Beth Heiden, was the 1983 Individual NCAA Champion in the cross country race, the 1979 world all-around speed skating champ, 1980 Olympian and 1980 world road champion in cycling.

2013 In Review	CL	FS
CU INVITATIONAL	2	1
at DU Invite	1	1
at UNM Invite	1	1
at UU Invite	1	1
RMISA Champ.	1	2



Brooke Wales
Alpine
Freshman
Sammamish, Wash.

Coming to CU from the U.S. Ski Team, Wales had a phenomenal rookie campaign with the Buffaloes. A 14 point GS skier, she proved that by finishing a runner-up in three of the six GS races in the RMISA and earning the No. 2 seed from the RMISA for GS at the NCAA Championships. She didn't finish two of the other three and took fourth at the RMISA Championships coming from a low bib number due to the seeding. Her three appearances were the second-most in the RMISA. After having not trained in slalom for a few years, she was also impressive there with three top 10s and two more in the top 13 in six races. She was having a great first slalom run at the RMISA Championships until the end of the race, but then threw down the fourth-fastest second run despite a non-favorable start to finish 11th there.

2013 In Review	GS	SL
*RMISA Qualifiers	2	DNF
CU INVITATIONAL	2	10
at Denver Invite	DNF	13
at Utah Invite	2	7
*at UNM Invite	8	DQ
RMISA Champ.	4	11

*UNM Invite was two slalom races while the RMISA Qualifiers were both GS races.